



# SAFETY AND HEALTH PROTECTION ON THE JOB



California law provides job safety and health protection for workers under the Cal/OSHA program. This poster explains the basic requirements and procedures for compliance with the state's job safety and health laws and regulations. The law requires that this poster be displayed. (Failure to do so could result in a penalty of up to \$7,000.)

## WHAT AN EMPLOYER MUST DO:

All employers must provide work and workplaces that are safe and healthful. In other words, as an employer, you must follow state laws governing job safety and health. Failure to do so can result in a threat to the life or health of workers, and substantial monetary penalties.

You must display this poster so everyone on the job can be aware of basic rights and responsibilities.

You must have a written and effective injury and illness prevention program for your employees to follow.

You must be aware of hazards your employees face on the job and keep records showing that each employee has been trained in the hazards unique to each job assignment.

You must correct any hazardous condition that you know may result in serious injury to employees. Failure to do so could result in criminal charges, monetary penalties, and even incarceration.

You must notify the nearest Cal/OSHA office of any serious injury or fatality occurring on the job. Be sure to do this immediately after calling for emergency help to assist the injured employee. Failure to report a serious injury or fatality within 8 hours can result in a minimum civil penalty of \$5,000.

## WHAT AN EMPLOYER MUST NEVER DO:

Never permit an employee to do work that violates Cal/OSHA law.

Never permit an employee to be exposed to harmful substances without providing adequate protection.

Never allow an untrained employee to perform hazardous work.

## EMPLOYEES HAVE CERTAIN RIGHTS IN WORKPLACE SAFETY & HEALTH:

As an employee, you (or someone acting for you) have the right to file a complaint and request an inspection of your workplace if conditions there are unsafe or unhealthful. This is done by contacting the local district office of the Division of Occupational Safety and Health (see list of offices). Your name is not revealed by Cal/OSHA, unless you request otherwise.

You also have the right to bring unsafe or unhealthful conditions to the attention of the Cal/OSHA investigator making an inspection of your workplace. Upon request, Cal/OSHA will withhold the names of employees who submit or make statements during an inspection or investigation.

Any employee has the right to refuse to perform work that would violate a Cal/OSHA or any occupational safety or health standard or order where such violation would create a real and apparent hazard to the employee or other employees.

You may not be fired or punished in any way for filing a complaint about unsafe or unhealthful working conditions, or using any other right given to you by Cal/OSHA law. If you feel that you have been fired or punished for exercising your rights, you may file a complaint about this type of discrimination by contacting the nearest office of the Department of Industrial Relations, Division of Labor Standards Enforcement (State Labor Commissioner) or the San Francisco office of the U.S. Department of Labor, Occupational Safety and Health Administration. (Employees of state or local government agencies may only file these complaints with the State Labor Commissioner.) Consult your local telephone directory for the office nearest you.

## EMPLOYEES ALSO HAVE RESPONSIBILITIES:

To keep the workplace and your coworkers safe, you should tell your employer about any hazard that could result in an injury or illness to people on the job.

While working, you must always obey state job safety and health laws.

## SPECIAL RULES APPLY IN WORK AROUND HAZARDOUS SUBSTANCES:

Employers who use any substance listed as a hazardous substance in Section 339 of Title 8 of the California Code of Regulations, or subject to the Federal Hazard Communications Standard (29 CFR 1910.1200), must provide employees with information on the contents on Material Safety Data Sheets (MSDS), or equivalent information about the substance that trains employees to use the substance safely.

Employers shall make available on a timely and reasonable basis a Material Safety Data Sheet on each hazardous substance in the workplace upon request of an employee, an employee collective bargaining representative, or an employee's physician.

Employees have the right to see and copy their medical records and records of exposure to potentially toxic materials or harmful physical agents.

Employers must allow access by employees or their representatives to accurate records of employee exposures to potentially toxic materials or harmful physical agents, and notify employees of any exposures in concentration or levels exceeding the exposure limits allowed by Cal/OSHA standards.

Any employee has the right to observe monitoring or measuring of employee exposure to hazards conducted pursuant to Cal/OSHA regulations.

## WHEN CAL/OSHA COMES TO THE WORKPLACE:

A trained Cal/OSHA safety engineer or industrial hygienist may periodically visit the workplace to make sure your company is obeying job safety and health laws.

An inspection will also be conducted when a legitimate complaint is filed by an employee with the Division of Occupational Safety and Health.

Cal/OSHA also goes to the workplace to investigate a serious

## HELP IS AVAILABLE:

To learn more about job safety rules, you may contact the Cal/OSHA Consultation Service for free information, required forms and publications. You can also contact a local district office of the Division of Occupational Safety and Health. If you prefer, you may retain a competent private consultant, or ask your workers' compensation insurance carrier for guidance in obtaining information.

Enforcement of Cal/OSHA job safety and health standards is carried out by the Division of Occupational Safety and Health, under the California Department of Industrial Relations, which has primary responsibility for administering the Cal/OSHA program. Safety and health standards are promulgated by the Occupational Safety and Health Standards Board. Anyone desiring to register a complaint alleging inadequacy in the administration of the California Occupational Safety and Health Plan may do so by contacting the San Francisco Regional Office of the Occupational Safety and Health Administration (OSHA), U.S. Department of Labor (Tel: 415-975-4310). OSHA monitors the operation of state plans to assure that continued approval is merited.

injury or fatality.

When an inspection begins, the Cal/OSHA investigator will show official identification from the Division of Occupational Safety and Health.

The employer, or someone the employer chooses, will be given an opportunity to accompany the investigator during the inspection. A representative of the employees will be given the same opportunity. Where there is no authorized employee representative, the investigator will talk to a reasonable number of employees about safety and health conditions at the workplace.

## VIOLATIONS, CITATIONS & PENALTIES:

If the investigation shows that the employer has violated a safety and health standard or order, then the Division of Occupational Safety and Health issues a citation. Each citation specifies a date by which the violation must be abated. A notice, which carries no monetary penalty, may be issued in lieu of a citation for certain non-serious violations.

Citations carry penalties of up to \$7,000 for each regulatory or general violation and up to \$25,000 for each serious violation. Additional penalties of up to \$7,000 per day for regulatory or general violations and up to \$15,000 per day for serious violations may be proposed for each failure to correct a violation by the abatement date shown on the citation. A penalty of not less than \$5,000 nor more than \$70,000 may be assessed an employer who willfully violates any occupational safety and health standard or order. The maximum civil penalty that can be assessed for each repeat violation is \$70,000. A willful violation that causes death or permanent impairment of the body of any employee results, upon conviction, in a fine of not more than \$250,000, or imprisonment up to three years, or both and if the employer is a corporation or limited liability company the fine may not exceed \$1.5 million.

The law provides that employers may appeal citations within 15 working days of receipt to the Occupational Safety and Health Appeals Board.

An employer who receives a citation, Order to Take Special Action, or Special Order must post it prominently at or near the place of the violation for three working days, or until the unsafe condition is corrected, whichever is longer, to warn employees of danger that may exist there. Any employee may protest the time allowed for correction of the violation to the Division of Occupational Safety and Health or the Occupational Safety and Health Appeals Board.

## OFFICES OF THE DIVISION OF OCCUPATIONAL SAFETY AND HEALTH

**HEADQUARTERS:**  
1515 Clay Street, Suite 1901  
Oakland, CA 94612  
Telephone (510) 286-7000

### DISTRICT OFFICES

<b>Santa Ana</b> 2000 E. McFadden Ave., Suite 111 Santa Ana, CA 92705 (714) 558-4451	<b>Modesto</b> 1209 Woodrow, Suite C-4 Modesto, CA 95350 (209) 576-6260	<b>San Francisco</b> 121 Spear St., Suite 430 San Francisco, CA 94105 (415) 703-5210
<b>Concord</b> 1450 Enea Cir., Bldg. C, Suite 525 Concord, CA 94520 (925) 602-6517	<b>Monrovia</b> 750 Royal Oaks Dr., Suite 104 Monrovia, CA 91016 (626) 256-7913	<b>Santa Rosa</b> 1221 Farmers Ln., Suite 300 Santa Rosa, CA 95405 (707) 576-2388
<b>Foster City</b> 1065 East Hillsdale Blvd., Suite 110 Foster City, CA 94404 (650) 573-3812	<b>Oakland</b> 1515 Clay St., Suite 1301 Oakland, CA 94612 (510) 622-2916	<b>Torrance</b> 680 Knox St., Suite 100 Torrance, CA 90502 (310) 516-3734
<b>Fremont/San Jose</b> 39141 Civic Center Dr., Suite 310 Fremont, CA 94538 (510) 794-2521	<b>Sacramento</b> 2424 Arden Way, Suite 165 Sacramento, CA 95825 (916) 263-2800	<b>Van Nuys</b> 6150 Van Nuys Blvd., Room 405 Van Nuys, CA 91401 (818) 901-5403
<b>Fresno</b> 2550 Mariposa St., Room 4000 Fresno, CA 93721 (559) 445-5302	<b>San Bernardino</b> 464 West Fourth St., Suite 332 San Bernardino, CA 92401 (909) 383-4321	<b>Ventura</b> 1000 South Hill Rd., Suite 110 Ventura, CA 93003 (805) 654-4581
<b>Los Angeles</b> 320 West Fourth St., Room 850 Los Angeles, CA 90013 (213) 576-7451	<b>San Diego</b> 7575 Metropolitan Dr., Suite 207 San Diego, CA 92108 (619) 767-2280	<b>West Covina</b> 1906 W. Garvey Ave. S., Suite 200 West Covina, CA 91790 (626) 472-0046

### REGIONAL OFFICES

<b>Sacramento</b> 2424 Arden Way, Suite 125 Sacramento, CA 95825 (916) 263-2803	<b>Santa Ana</b> 2000 E. McFadden Ave, Suite 119 Santa Ana, CA 92705 (714) 558-4300	<b>Santa Rosa</b> 1221 Farmers Lane, Suite E Santa Rosa, CA 95405 (707) 576-2419	<b>West Covina</b> 1906 West Garvey Ave. S., Suite 200 West Covina, CA 91790 (626) 472-0046
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### CAL/OSHA CONSULTATION SERVICE

<b>AREA &amp; FIELD OFFICES</b>	<b>San Fernando Valley</b> 6150 Van Nuys Blvd., Suite 307 Van Nuys 91401 (818) 901-5754
<b>Fresno/Central Valley</b> 1901 N. Gateway Blvd., Suite 102 Fresno 93727 (559) 454-1295	<b>San Francisco Bay Area</b> 1515 Clay St., Suite 1103 Oakland 94612 (510) 622-2891
<b>Sacramento</b> 2424 Arden Way, Suite 410 Sacramento 95825 (916) 263-0704	<b>Santa Fe Springs</b> 10350 Heritage Park Dr., Suite 201 Santa Fe Springs 90670 (562) 944-9366
<b>San Bernardino</b> 464 W. Fourth St., Suite 339 San Bernardino 92401 (909) 383-4567	<b>HEADQUARTERS</b> 2424 Arden Way, Suite 485 Sacramento CA 95825 (916) 263-5765
<b>San Diego</b> 7575 Metropolitan Dr., Suite 204 San Diego 92108 (619) 767-2060	<b>REGIONAL OFFICE</b>

<b>Sacramento</b>	2424 Arden Way, Suite 125, Sacramento, CA 95825	(916) 263-5750
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